

STUNDENPLAN - SOMMERLAND YOGAKULTUR ERBACH

Montag	Dienstag	Mittwoch	Donnerstag	Freitag
		Yoga 60 + 9.00-10.00		Yoga am Morgen 8.30-9.45
			Yoga Basic I 16.30-17.45	Yoga Basic I 16.30-17.45
Yoga Basic I 17.45-19.00	Yoga Basic I 17.45-19.00	Yoga Basic I 17.45-19.00	Yoga Basic II 18.15-19.30	
Yoga Basic I 19.30-20.45	Yoga Intensive 19.30-20.45	Yoga Basic II 19.30-20.45	Yoga Basic II 20.00-21.15	